

## **Frisco High School Stars Dance Team Auditions**

Dear Stars Candidate & Parent/Guardian,

Welcome to Stars Dance Team Tryouts! We are so happy that you have decided to audition to become a member of this award-winning group. Stars learn how to be great dancers and performers. They also learn to problem solve, work together as a team, serve as leaders, and make close friends. It is an honor to be selected as a member of this dedicated team. The Stars set forth a standard of excellence that can only be maintained with 100% support of all its members and their families.

### **Tryout Qualifications and Requirements:**

- Candidates must be entering grades nine (9) through twelve (12) at Frisco High School.
- Candidates and their families must agree to and be fully aware of the financial responsibilities of being a dance team member and meet all financial obligations throughout the year.
- Each candidate must audition each year, regardless if she/he has previously been a Dance Team member.
- All financial obligations to any Fisd affiliated program must be cleared prior to tryouts.
- Dance team members who have been dismissed or resigned from the previous year must have permission from the director and principal to
- Candidates must show proof of residence within the attendance zone of the school and be enrolled in that school.
- Must not have been academically ineligible for more than one grading period during the application school year.
- Students must have acceptable disciplinary records for the current year. Students who have been assigned to either ISS, OSS, or DEAP must have permission from the principal to participate in tryouts. **Frisco High School will not be granting a tryout to students who have been assigned OSS, DAEP, or more than 3 days of ISS.**

- After the beginning of 2nd semester of the school year, students must have the following number of credits to tryout:
  - Incoming 9<sup>th</sup> Grade: on track to pass 8<sup>th</sup> grade and verified by both the outgoing and incoming principals.
  - 6 credits required to roll to sophomore
  - 12 to be a junior
  - 18 to be senior
- Students must not have been absent (without making up those hours) for more than 10% of school days in a school year.
- Students must be cleared through both the attendance and administrator's offices before eligible to tryout. Documentation for this clearance will be based on campus preference, but must be on file before the tryout process begins.
- The student code for extracurricular activity involvement will continue to be in effect.
- **All required forms must be turned in via Kami (through student's Google account) on February 18th by 4:30pm.**

**Tryout Checklist (All documents emailed with google link to sign)**

1. Candidate/Parent Name and Information
2. FISS Code of Conduct Form
3. Parent Permission Form
4. Information Agreement Form
5. Report Card: Must show grading periods for the first two nine weeks (Bring to first clinic)
6. Dance Team Acknowledgment Form
7. Dance Team Medical Release Form (Bring to first clinic)
8. Inherent Risk Sheet Form
9. Physician Form, COMPLETED BY A PHYSICIAN (2 sided) (Due prior to Camp in August) (Physicals must be dated May 2025 or later)

**Tryout Clinic Dates:**

FHS Competition Gym  
February 28th, March 3rd, March 4th  
4:45-6:30 pm

**Stars Tryout Date:**

Thursday, March 6th at 5:00pm  
An estimated finish time will be given at clinics.

**Tryout Clinic and Tryout Attire:**

For the clinic sessions, appropriate dance attire or work out attire is required. This includes a dance top, leggings, and dance shoes. Hair must be pulled back into a ponytail and all jewelry must be removed.

For Tryouts each candidate must wear a black dance top, long black dance leggings, and jazz shoes. Hair must be in a ponytail. All jewelry must be removed. Make up should be worn to emphasize facial features. Please remove all colored nail polish. No hair ribbons or bows should be worn. Each candidate will be given a number on the 1st day of clinics. This must be pinned to their top, so please bring safety pins (4) on the day of tryouts.

**Tryout Clinic Agenda**

At the tryout clinic sessions, Stars candidates will learn the across the floor technique and a jazz/pom routine. The candidates will be placed in groups of 4-5 on the first clinic day. These will also be the group that they will tryout with during tryouts.

Tryout sessions are closed to spectators and may not be videotaped or recorded. Outside choreographers and outgoing Seniors are in charge of the teaching for clinics/tryouts.

**Tryout Process:**

Stars candidates are required to be present for the entire audition time. Tryouts are closed to the public with only the directors, outgoing Senior Stars, administrators, judges and candidates present.

Three qualified judges will watch each group and score them according to the preset criteria (see scoring system below). A candidate can receive a possible of 100 points from each judge (300 points total). The minimum score necessary to become a Star will be 210 points. This is an average of 70. Each judge will have to score the candidate a 70 or above to make the team.

**Judges Scoring: 100 Points per judge**

Technique (Across the floor): 30 points

Pom/Jazz Dance: 50 points

Kicks: 10 points (choreographed within dance)

Splits: 10 points (choreographed within dance)

At the end of the tryout process, all Stars candidates will be dismissed and will be required to leave the building. Results will be posted by number on the Stars Dance Team website, [www.friscohighstars.com](http://www.friscohighstars.com) on **Thursday, March 6th by 9pm.**

Directors will not address the results. The judges' subjective and objective opinions regarding the adjudication process are final and are not appealable or grounds for the FISD formal grievance process. The tryout results, once reviewed and certified as accurate by the campus administration, are final and not appealable or grounds for the FISD formal grievance process.

If a parent wishes to view their student's individual tryout documents, they must contact their officiating administrator. Parents may view their student's individual documents only. The statute of limitations for viewing is five (5) school days following the tryout session. Parents are not allowed to view any other students' documents, nor the tally sheets.

**Stars Requirements and Financial Obligations**

The first year of Stars Dance Team can be the most expensive because each girl must purchase initial items, which are used for the rest of her years as a Star. The New Team fitting where ALL items are ordered as a Rookie or Veteran Star is in the FHS Indoor Facility/Dance Studio and is followed by a mandatory parent meeting. The initial cost for a new member is around \$850.00. Your first payment will be due at the mandatory fitting and meeting, date and time will be sent via email to the team. Final payment date will be discussed at the mandatory meeting as well. Extended financial plans may be available with approval from the director and principal.

Many required items are a one-time purchase that can be used for the rest of the time on the team, possibly for 4 years. Therefore, upon the member's return in subsequent years, expenses can be considerably less.

### **Grade Requirements**

Upon selection, each member must pass all courses. Frisco ISD is moving to a 9-week grading period for high school next year. "Students can lose their eligibility if they are failing at the end of the sixth week of school (the "UIL Eligibility Check") or at the end of a 9-week marking period. They can regain eligibility at the 9-week marking period or at any Interim Progress Report ("IPR") after the first 9-week marking period by passing all courses, not just the one they failed.

Students who pass all courses for the nine-week period are eligible for the next nine-week period. Students who lose eligibility and then regain eligibility must wait seven calendar days before they become eligible to participate in competitions and performances. Students who are academically ineligible may continue to practice with the team, but may not perform. **Any member who obtains an average below 70 for any two grading periods during the school year may be removed from the team.**

### **Stars Dance Team Class and Practice**

All dance team members are required to enroll in the period 3B Dance Team Class for the fall and spring semesters as well as attend all scheduled practices and performances. This includes summer camps/practices and weekend rehearsals, performances, and events. Work is not an excuse for missing practices or performances. Most outside of school practices will be in the mornings from 6:45 am to 8:00 am, 2 days a week on average. During competition season there may be more scheduled and if directors feel extra rehearsals are needed throughout the year.

### **Uniforms**

Members are required to purchase their own practice uniform pieces. Field uniform and contest costumes will be provided and are property of Frisco High School. The member must keep all pieces in excellent condition.

### **Demerits**

Demerits are given as a form of discipline. Members may receive demerits by breaking the rules set by the director. Dance Team rules promote promptness, neatness, responsibility and character. Accumulation of demerits will affect a member's ability to perform and possibility of removal from the Dance Team. Please see the FISD Code of Conduct and the Stars Demerit System for more details.

All 2025-2026 Stars Rookies need to attend the Stars Spring Show April 18th and 19th @7pm.

*There will be some mandatory dress rehearsals, as well scheduled (TBD).*

*All upcoming fitting, meeting, practice, summer camp dates will be discussed at the mandatory new team meeting.*

If you have any questions that arise after the meeting please contact the Stars Director.

Kendra Kullman  
Frisco High School Stars Dance Team Director  
469-633-5533  
[kullmank@friscoisd.org](mailto:kullmank@friscoisd.org)

**\*\*\*Failure to have forms turned in prior to tryouts will result in tryout ineligibility\*\*\***



## **FISD Dance Team Code of Conduct Contract 2024-2025**

Participation in the FHS Stars Dance Team organization is a privilege, not a right. For the member to retain this privilege, the policies and procedures contained in the FISD Dance Team Code of Conduct must be adhered to in the spirit of discipline, education, and overall goals and objectives of the Frisco Independent School District and the Frisco Stars Dance Team.

The policies and enforcement procedures are relative to the FHS Stars Dance Team program and will be administered accordingly. The rules, regulations, and policies are all outlined in the FISD Dance Team Code of Conduct and Stars Demerit System.

I have read the Frisco ISD's Dance Team Code of Conduct 2024-2025, and fully understand the expense, time, and discipline that would be required of me as a dance team member. I agree to abide by all provisions of the FHS Stars Dance Team. I understand that if I am unable to meet the requirements set forth in the FISD Dance Team Code of Conduct and FHS Stars Demerit System, I will forfeit my membership as a FHS Stars Dance Team member.

\_\_\_\_\_

Student Name (PRINTED)

\_\_\_\_\_

Student Signature

\_\_\_\_\_

Date

## Parental Permission Form

\_\_\_\_\_ (candidate's name) has my permission to participate as a member of the Frisco High School Stars Dance Team in all team practices, performances, and other activities. I understand and accept the rules and regulations that accompany participation as a member of the dance team as well as the penalties for failing to comply (as outlined in the Frisco ISD Dance Team Code of Conduct and guidelines and the FISD Extracurricular Code of Conduct). I will assist in every way to ensure that the rules and regulations of the Frisco Stars are upheld. I also understand that parental involvement is essential to the success of the Frisco Stars and I will do my best to lend my help to my son/daughter and the team through involvement in the Frisco Stars Booster Club.

An estimate for individual expenses for the Stars. FHS Stars is approximately \$850. Many required items are a one-time start up expense, as well as other expenses that will cover two or three years. Therefore, upon the member's return in subsequent years, expenses are considerably less.

**APPROXIMATE TOTAL COST = \$850**

(Covers items: camp, practice attire, dance shoes, field boots, tights, team bag, etc.)

I understand and agree to pay costs involved for my son/daughter to participate in the FHS Stars. I understand that my son/daughter will not be allowed to perform until these payments are secured.

Parent Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_



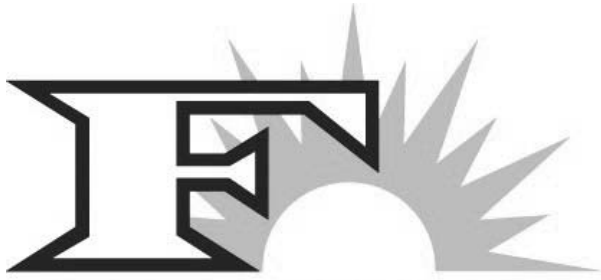
## Information Agreement Form

General team information, including expenses, tryout procedures, policies, and expectations were presented. While the application contains complete information, each candidate is responsible for any information discussed at that meeting.

Candidate Name \_\_\_\_\_

Parent Name \_\_\_\_\_

Date \_\_\_\_\_



# FRISCO INDEPENDENT SCHOOL DISTRICT

## Dance Team Acknowledgment Form

*to be turned in prior to tryouts*

I PLEDGE TO FOLLOW THE DANCE TEAM CODE OF CONDUCT SET FORTH BY FRISCO INDEPENDENT SCHOOL DISTRICT.

I HAVE READ AND UNDERSTAND THE GUIDELINES SET IN THE CODE OF CONDUCT AND WILL ADHERE.

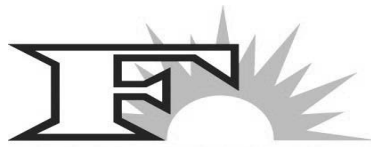
\_\_\_\_\_  
STUDENT SIGNATURE

\_\_\_\_\_  
DATE

I HAVE READ AND UNDERSTAND THE GUIDELINES SET IN THE CODE OF CONDUCT AND MY CHILD WILL ADHERE.

\_\_\_\_\_  
PARENT SIGNATURE

\_\_\_\_\_  
DATE



FRISCO INDEPENDENT SCHOOL DISTRICT

# FRISCO INDEPENDENT SCHOOL DISTRICT

## Inherent Risk Sheet- *to be turned in prior to tryouts*

### **INHERENT RISKS OF DANCE TEAM:**

Dance Team participation is reasonably safe as long as certain guidelines are followed, but there is the inherent risk of injury as in any athletic activity. Dance Team is an anaerobic/aerobic activity which includes jumping, stunting, motions, and tumbling. All physicals must be on file in the high school office before you may participate in practices and games. Keep your sponsor informed of all injuries and/or chronic conditions.

Although the probability of injury is minimized if you practice correctly, there is always the possibility of one occurring. Injuries that can occur in Dance Team include, but are not limited to, the following: *Blisters, muscle strains, ligament sprains, joints and muscle soreness, abrasions, contusions, stress fractures, broken bones, spinal cord injuries involving paralysis, and even death. However, if you take certain precautions, the possibility of such injuries will be largely decreased.*

### **BE SURE TO CONSISTENTLY ABIDE BY THE FOLLOWING GUIDELINES:**

**NEVER** stunt or tumble unless a sponsor or sponsor's designee is present

Always practice in the presence of a qualified teacher

Always warm-up appropriately before dancing (practice and games) by jogging & stretching

Do not attempt a stunt that you do not know how to perform safely and that has not been checked *off* by the teacher

Always use attentive spotters when stunting

Always dance in an area free from obstruction

Always use mats or a grassy area when stunting during practice

Do not stunt on uneven ground, wet surfaces, and concrete. Do not stunt in cold or rainy weather

Never talk, laugh, mess around when performing a stunt

Report all injuries to the coach as soon as they occur

Follow all trainer and doctor recommendations

Lift weights to increase strength and guard against injuries

Always wear shoes and clothing appropriate for Dance Team

Never wear jewelry of any kind or chew gum when dancing (practice and games)

Always have your hair pulled back from your face and shoulders

Eat nutritious meals and get plenty of rest

Always ask for assistance or advice at any time

I have read the preceding warning

I thoroughly appreciate and understand the assumption of risks inherent in Dance Team participation

I acknowledge that I am physically fit and am voluntarily participating in this activity

**STUDENT SIGNATURE** \_\_\_\_\_ **DATE** \_\_\_\_\_

**PARENT SIGNATURE** \_\_\_\_\_ **DATE** \_\_\_\_\_