

Stars Expectations 2018-2019

FISD Purpose of a Dance Team:

1. Serve as a performing group representing Frisco I.S.D. and the high school campus
2. Boost the morale and spirit of the high school campus.
3. Develop character, leadership, self-discipline, sportsmanship and individual responsibility

Important goals of the extracurricular program are to give students direction in developing self-discipline, responsibility, pride, loyalty, leadership, teamwork, respect for authority, and healthy living habits.

FISD General Expectations:

Expectations, participation, behavior, violations, and all other policies can be found in the FISD Code of Conduct and will be adhered to at all times. In addition to the FISD Code of Conduct, members will follow the Stars expectations outlined in this document. If expectations are not met, consequences will be assigned.

Conduct Expectations:

- Be respectful to teammates, sponsors, teachers, classmates, and school administrators at all times.
 - Disrespectful/ Inappropriate behavior may **include but is not limited to:**
 - Excessive talking/ Failure to answer "Yes/ No, Ma'am/ Sir"
 - Insubordination/ lack of effort
 - Eye rolling/ disrespectful tone/ Offensive language/ gestures
 - Inappropriate content or behavior on social media
 - Other behavior deemed disrespectful by coaches/ administration
- Demonstrate good sportsmanship at all times
- Refrain from public displays of affection in and out of uniform
- Refrain from using electronic devices during practice, games, and events without permission
- Abide by school dress code (*2nd offense= benched from one performance & contract written*)
- Fully participate in all practices/ games/ events **including but not limited to:**
 - Stretching, conditioning, technique, and full out movements (*not marking*)
 - School song/ alma mater (*movements & singing*)
 - Stand routines/ cheering on teams or other dancers
- Meet all deadlines given out by coach **including but not limited to:**
 - Uniform checkout sheet/ Labeling of personal items/ Forms/ Written Work
 - Payments
 - Volunteer Sign-ups
 - Etc.

Attendance Expectations

The FISD attendance guidelines for dance/drill teams will be followed, please see FISD Code of Conduct for more information. This includes practices, performances, etc.

Unexcused Absences: Absences for reasons other than those listed above may be labeled unexcused

****Scheduled appointments are considered UNEXCUSED (medical/ dental/ DVM/ etc...)****

- 1st Unexcused absence = make-up time per coaches' parameters or benched one performance
- 2nd Unexcused absence = reserve status/ benched from two performances
- 3rd Unexcused absence = removed from team (per district constitution)

****Students MUST be present for field practice in order to perform****

Unexpected & Unreported Absences

Member must inform the director in writing of the absence and reason prior to the class/practice (email/ note). Unreported absences will be considered *unexcused* until reason is established.

Not all instances can be predicted and will be handled on a case by case basis by coach.

Practice Expectations

- Attend all dance team activities, practices, and performances (*includes DT class*)
 - Missing the practice prior to a performance may result in being benched from that performance
- Arrive on time and attend the entire practice until dismissed:
 - AM practices 6:30am -8:00am (*Days of week vary by schedule - see calendar*)
 - *Optional AM time 8-8:15 am*
 - 3B class period from 12:45 pm to 2:05 pm
 - Be in squad lines and ready by 6:30 am for AM practice and 12:45 pm for 3B class
 - Missing ½ practice or more = absence
 - 3 times tardy = discipline contract written & benched from next performance
- Do not leave practice area without permission
- Be in required dress, hair, and shoes/ bring all required items to practice
- Remain quiet and focused; follow coach and officer instructions

Performance & Uniform Expectations

- Attending all D.T. activities, practices, and performances is mandatory.
- Director reserves the right to *pull any member from a performance due to absence, conduct or lack of effort*
 - If unable to meet the standards set for that performance, member will not perform and will be placed on reserve status.
 - Attend the practices and performance in uniform and assume her/his responsibilities as usual.
- Auditions for select performances.
 - Members are *not guaranteed to dance every performance*
 - Members can/will audition for the following but not limited to; pep rally routines, competition routines, spring show routines, etc.
 - Director has final decision on who makes the performance and that decision is final.
- Arrive on time and attend the entire performance/ event until dismissed
- Competition Performances
 - Members are allowed to opt out of competition season in an all or none manner.
 - *If participating*, members will be a performing or alternate member in all routines
 - *If choosing not to participate*, members will also not participate in competition routines used for other events (pep rally, basketball game, etc...)
 - *If chosen for competition routines* then performer will perform the routine at spring show.

A complete uniform and equipment check will be held prior to any activity/performance

- Be in ***complete and correct*** uniform at the time of uniform checks; Member will not participate in event/performance until uniform is complete and correct.
 - Uniform/ equipment: items on uniform sheet, announced by coach, and in the code of conduct
 - Examples include but are not limited to:
 - Uniform/ Warm-ups/ Lettermen
 - Accessories/ Hair/ Make-up/ Natural or French nails/ No personal jewelry
 - Poms/ Props/ Other items required by coaches
 - Performances include but are not limited to:
 - Pep Rallies/ Half-time/ Competition/ Stand Routines/ Parades/ Special Performances

- Remain quiet and focused during all parts of a performance including by not limited to:
 - Bus announcements
 - Victory Lines/ National Anthem/ Pre & Post Performance Lines/ Injured player
 - Stretching/ Run-through/ Coach/ Officer Instructions
- Members are responsible for the upkeep of items received and are held financially responsible for lost or damaged items.

Academics, Contracts, Probation, Suspension, Dismissal, and Resignation

Academic Eligibility, Probation, Suspension, and Dismissal: These policies outlined in the FISD Dance Team Code of Conduct will be followed. FHS specifics are outlined below but for all other policies please refer to the FISD Code of Conduct.

Suspension:

Reasons for Suspension include but are not limited to:

- A second incidence of administrative disciplinary consequences
- Continuing to fail one or more classes after three week probation (progress report check)
- An Officer placed on suspension will be removed from their officer position
- See FISD Dance Team Code of Conduct for information on multiple suspensions

Dismissal:

Reasons for Dismissal include but are not limited to:

- Receipt of a third suspension
- Accumulation of 3 unexcused absences
- Accumulation of 3 written warnings
- Expulsion from school

Resignation

Resignation shall be defined as “a choice made by the individual member that they no longer desire to participate in the organization.” Once resigned from the organization, member forfeits all privileges of the organization. All equipment must be turned in and all outstanding/unpaid financial obligations cleared at the time of resignation and refunds for any item(s) will not be given. He/ She will not be eligible to participate in the next year’s tryout without approval from the director and principal. Resignation procedures involve a conference with the director and a letter of resignation by the member, signed and dated with a parent signature as well.

Not all instances can be predicted and will be handled on a case by case basis by the coach.

Communication

This program is based in *open communication and mutual respect among administration, teachers, coach, dancers, and parents*. The expectations placed on team members have been clearly outlined. Clear, respectful communication between all involved will be expected throughout the year:

Communication from the coach:

- Expectations coach has for members
- Feedback on all aspects of technique and performance quality
- Locations and times of practices, games, service projects, and other performance events
- Team practice/ performance and uniform requirements
- Enforcement of consequences when expectations are not met
- Etc.

Communication from dancers *at appropriate times*:

- o Questions on how to improve on technique/ performance
- o Questions on why he/she did not make a performance (formations are not discussed)
- o Issues with teammates that she was unable to resolve *on her own*

Communication from parents *at appropriate times*:

- o Questions about ways *your dancer* can improve on technique, performance, organization, behavior, etc...
- o Questions about *your dancer's* conduct, decisions, and related consequences

Items not appropriate to discuss with coaches:

- o The role of your dancer in routine and/or position in formations
 - Seniority is taken into account *as much as possible* for football routines, parade lines, spirit lines, and stand seating
 - Seniority is *NOT taken into account in the competitive dance season*
 - Coach will *NOT discuss decisions regarding choreography and formation positions*
- o Team strategy, technique, practice organization or choreography
- o Another dancer's consequences, role in a routine, or position in formations
- o Anonymous emails will not be addressed

Procedures to follow to discuss a concern with a coach:

- o Before contacting a coach, *speak with your dancer about the concern*
- o Encourage your dancer to *speak with the coach or other teammate respectfully*
 - part of the team's purpose is to develop *character and individual responsibility*
- o Contact the coach (at an appropriate time) to set up an appointment (email is best)
 - Phone messages and emails will be returned during school hours only
 - Before, during, or immediately after a game, practice or performance is not an appropriate time to discuss a concern

I look forward to a fun and productive year